

pH Test Strips for Urine & Saliva

TAKE CONTROL OF YOUR PH NOW!

Dip the pH Strip into saliva or urine & read after 15 seconds

Instructions for Use:

To Test Urine: test the first and second urine of the day and record the average reading. To test, briefly place the pH Strip in the urine stream, shake the excess fluid and wait 15 seconds to read your pH.

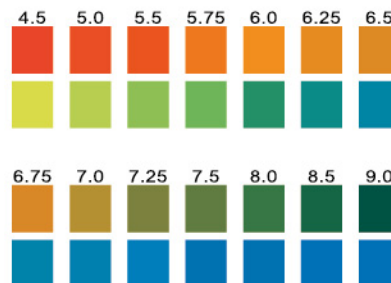
To Test Saliva: wait two hours after eating. Spit saliva into a spoon, dip the pH Strip into the fluid and wait 15 seconds to read your pH.

Results: a reading of pH 7.0+ is perfect, pH 6.5 is acidic and below pH 6.0 is very acidic. Test 2-3 times per day and daily over a longer time period to get an average reading.

Note: once you recorded your results we recommend you consult with a trained health practitioner.

Important

Replace cap immediately and tightly after used. Do not touch the test areas. Store in a cool, dry place. For in-vitro use only.



Do not put the pH Strip directly into your mouth.

For in-vitro use only. pH Strips can only measure saliva & urine